

# SHARE

SHARE is a patient-centred approach to explore and compare the benefits, harms, and risks of treatment options through conversation about what matters most to a client.



S

**Seek** a client's participation.



H

**Help** a client explore and compare treatment options.



A

**Assess** a client's values and preferences.



R

**Reach** a decision with a client.



E

**Evaluate** a client's decision.